

LESSON - 2

MONTH: APRIL

HUMAN BODY - BONES AND MUSCLES:

I. Dictation Words:

1. bones.
2. muscles.
3. Skeleton.
4. lungs.
5. heart.
6. brain.
7. liver.
8. wrist.
9. elbow.
10. posture.

II. Answer in one word.

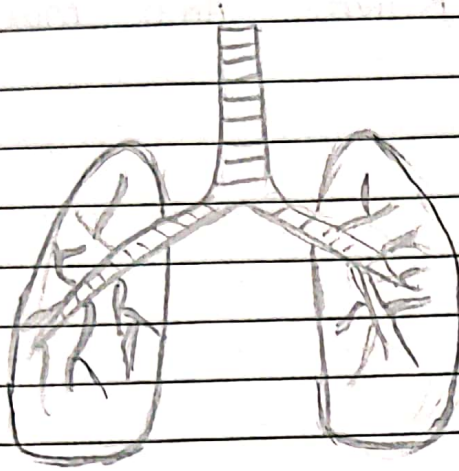
1. The body part which covers bones and muscles. Skin.
2. Number of bones in an adult human body.
206 bones.

III. Unscramble the letters:

1. T R H A E - Heart.
2. R U P S O T E - Posture.
3. N S E L T K O E - Skeleton.

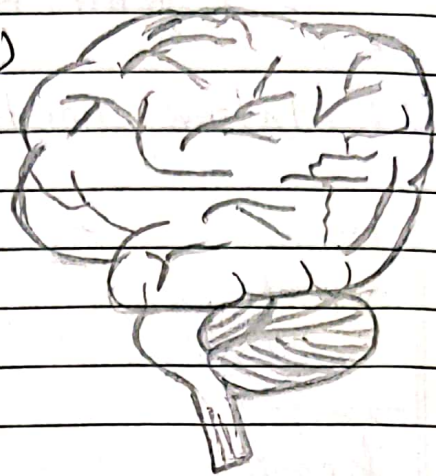
IV. Draw a neat diagram of lungs and brain.

a)



Lungs

b)



Brain

V. Answer the following:

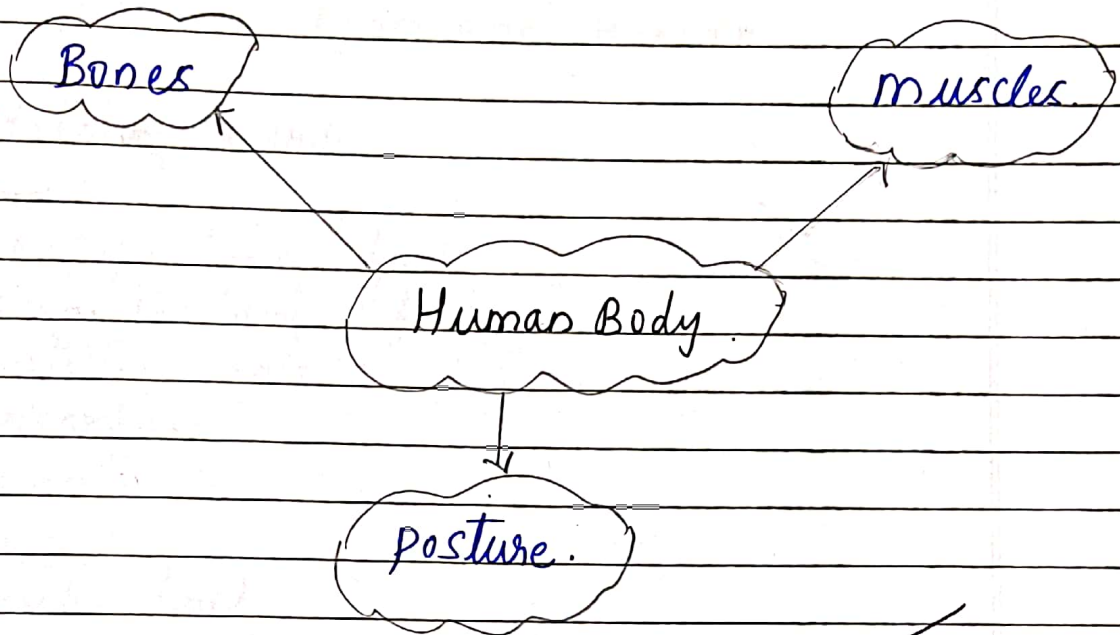
1. What are joints?

Ans: The place where two or more bones meet at a fixed point are called joints.

2. Why should we exercise?

Ans: We should exercise to keep our body healthy and strong.

VI. Mind map:



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